## **Evening prayers**

Before the ending of the day, Creator of the world, we pray That you, with steadfast love, would keep Your watch around us while we sleep.

God our Father, by whose mercy
the world turns safely into darkness and returns again to light:
we place in your hands our unfinished tasks,
our unsolved problems, and our unfulfilled hopes,
knowing that only what you bless will prosper.
To your love and protection
we commit each other and all those we love,
knowing that you alone are our sure defender,
through Jesus Christ our Lord.

And may your love that never fails continue to be shared through the kindness of strangers looking out for each other, for neighbours near and far all recognising our shared vulnerability, each of us grateful for every breath, and willing everyone to know the gift of a full and healthy life. Keep us all in your care. Amen.

We are not people who protect our own safety: we are people who protect our neighbours' safety. We are not people of greed: we are people of generosity. We are your people God, giving and loving, wherever we are, whatever it costs
For as long as it takes. wherever you call us.
Amen.



# Lockdown Prayers

We pause daily, coming together in prayer at 10.00am



Charity Number 250086

## **Lockdown Prayers**

Even in the darkest moments, love gives hope.

As we pray in our individual homes – around the nation and around the world – we are united as one family.

So, let us pause and find a moment of peace, as we lift up our hearts together in prayer.

Perhaps you might light a candle and sit quietly for a moment or two before moving into prayer.

## Opening Prayer

Lord Jesus Christ, you said to your disciples, 'I am with you always'.

Be with me today, as I offer myself to you.

Hear my prayers for others and for myself, and keep me in your care.

## For the lonely and those trapped in fear

God of compassion, be close to those who are ill, afraid or in isolation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through him who suffered alone on the cross, but reigns with you in glory, Jesus Christ our Lord. Amen.

### From one who is ill or isolated

O God, help me to trust you, help me to know that you are with me, help me to believe that nothing can separate me from your love revealed in Jesus Christ our Lord. Amen.

## A children's prayer

Dear God, please bless all our friends

They are not allowed to go to school or come over to play.

I'm sad because I miss them.

They must be feeling miserable and lonely as well.

Please be close to them.

Please be with the people who are looking after them.

If they are poorly please help them to get better and to know that you love them. Amen.

## Prayers for each day of the week

#### MONDAY

For the health workers tending the seriously ill for the scientists working on a vaccination for the researchers analysing data and identifying trends Thanks be to God

#### TUESDAY:

For the good news stories of recoveries and effective planning for the media outlets working to communicate reality for the supermarket workers, refuse collectors, and all essential workers Thanks be to God

#### WEDNESDAY:

For the clapping for the NHS by locked-down communities for the recognition that isolation doesn't need to mean loneliness for the notes through letterboxes offering help and support Thanks be to God

#### THURSDAY

For the internet and telephones and technology that connects for the awakened appreciation of what is truly important for a renewed community spirit

Thanks be to God.

#### **FRIDAY**

For those who are unwell and concerned for loved ones for those who were already very anxious for those in the 'most at risk to coronavirus' categories for those who are afraid to be at home Lord hear our prayer

#### SATURDAY

For those watching their entire income stream dry up for those who have no choice but to go out to work for those who are more lonely than they've ever been for those who are bereaved and grieving.

Lord hear our prayer

Lord, raise up your Church to be your well-washed hands and faithful feet to be present to the pain to respond with love in action if even from a safe distance. Amen.